

INGREDIENTS FOR 4-6 SERVINGS

- 1 Cup Zucchini, Grated & Squeezed Dry
- 1 Egg
- ¼ Cup Onion, Diced
- ¼ Cup Shredded Parmesan Cheese
- ¼ Cup Italian Style Bread Crumbs
- ¼ Teaspoon Salt
- 1/8 Teaspoon Pepper



PREPARATION

Preheat oven to 400°.

In a bowl, combine zucchini, egg, onion, cheese, bread crumbs, salt and pepper.

Spoon mixture into a greased mini muffin tin or on a greased baking sheet. If using a baking sheet, form mixture into a “tot” shape.

Bake for 15 to 20 minutes, or until browned.