

INGREDIENTS FOR 6 SERVINGS

3 Cups Long Grain White Rice
48 Ounce Chicken or Vegetable Broth
1 Small Onion, Chopped
1 Green Bell Pepper, Chopped
1 Red Bell Pepper, Chopped
29 Ounce Can Tomato Sauce
5-8 Drops Tabasco Sauce
½ Teaspoon Garlic Powder
1 Teaspoon Cumin
Pinch of Chili Powder
Salt & Pepper



PREPARATION

Cook 3 cups Long Grain Rice using broth on place of water.

In a large skillet, add chopped onion and bell peppers and cook until soft. Add garlic powder, cumin, chili powder, tomato sauce and Tabasco sauce. Let sauce come to a simmer and add hot cooked rice. Stir to combine; salt & pepper to taste.

*For variety, brown 1 pound of hamburger with the onion and bell peppers.