

## INGREDIENTS FOR 6 SERVINGS

¾ Cup Crab Meat

4 Ounces Neufchatel Cheese, Softened

2 Green Onions, Thinly Sliced

¼ Cup Mayonnaise

\*For Low Fat Option Use Reduced Fat

12 Won Ton Wrappers



Light Oregon Pinot Noir  
Chardonnay



Dog Fish Head  
90 Minute IPA



## PREPARATION

Preheat oven to 350°.

In a bowl, mix the crab meat, Neufchatel cheese, green onion and mayo.

Place Won Ton wrappers in the cups of a sprayed muffin pan. Fill with the crab mixture. Bake for 18-20 minutes or until the edges are golden brown and filling is heated through.

\*For bite size Rangoons, quarter the Won Tons and place in a mini muffin pan.